



Learner and Teacher Agency

Habits of Mind: *Metacognition: Thinking about Thinking*

Criteria	Teaching strategies
Exploring Meaning: Knowing and Understanding the HOM What?	<ul style="list-style-type: none"> • PowerPoint Workshop: Metacognition • Word Splash • Y-chart
Expanding Capacity: Using the HOM How?	<ul style="list-style-type: none"> • De Bono’s CoRT Thinking: Planning • Group Work: Construction of attribute webs based on the following questions: <ul style="list-style-type: none"> ➤ What is it that we do when we are planning? ➤ What is it that we do when we are monitoring? ➤ What is it that we do when we are evaluating? ➤ What is it that we do when we are applying our learning about our mistakes? • Reflect back on a time when you failed to practise metacognitive learning. List the things you learned from the experience. • Take an assignment upon which you are about to embark. List the planning, monitoring and evaluating steps you intend to use.
Increasing Alertness: Strategic Use When?	<ul style="list-style-type: none"> • T-chart: When to use and when not to use
Extending Value Who?	<ul style="list-style-type: none"> • Famous people • Assessing the value/ importance of particular HOMS in specific stages or events or situations. eg Work Experience • Quotations from HOM website • http://www.habitsofmindinstitute.org/resources/quotes/hom-quotes/



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Building Commitment Me!	Self-assessment: Metacognition Rubric <u>Reflective Questions</u> a. Which Metacognitive skills do I need to develop further? b. Which one will I choose to work on first? c. What steps will I take to improve the skill? d. if I need assistance, who can help me? e. How will I know that I have succeeded? f. What benefits will I gain from improving my metacognitive skills?

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References:

The Institute for Habits of Mind

<http://www.habitsofmindinstitute.org/>

Mindful by Design

<https://mindfulbydesign.com>